

# BUILDING A STRENGTHS BASED MINDSET

Leadership Inspiration - podcast summary

It's a fact!

People perform way better and do their best work when they have the opportunity to do the things they enjoy and make use of their natural strengths.

## BE YOUR AUTHENTIC SELF

KNOW



YOURSELF

ACCEPT



YOURSELF

BE



YOURSELF

Who are you?  
What do you have to offer?  
What do you enjoy doing?  
Where do you feel most strong?

Accept the things you aren't so good at and be open about it!

No one else can be you better than you.

Let go of the idea that you need to be perfect and be the perfect you!

## THE POWER OF CONVERGENCE

When each person has the opportunity to work within their nature they will be happier, more motivated and more productive team members.



"No tree has branches so foolish as to fight amongst themselves." Nature works because it is left to do what it does well.

## STRENGTHS BASED LEADERSHIP



LEVERAGE STRENGTHS IN THE TEAM - Align talents, passions and organisational needs.



PLAY TO YOUR OWN STRENGTHS - Become exceptional at the things you are already good at. Be open about any areas of weakness.



CHANGE YOUR FOCUS - Resist the urge to focus solely on what's not working in your daily conversations.



ALIGN ORGANISATIONAL PROCESSES - Ensure that your people processes support a strengths based approach.

## A FINAL THOUGHT....

"Great leaders are simply not defined by the absence of weakness but more likely by the presence of 3-5 core strengths"

Jack Zenger, Founder, Zenger Folkman

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